Hybrid quantum network for sensing in the acoustic frequency range

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Valeriy Novikov^{1,2,4}, Jun Jia^{1,4}, Túlio Brito Brasil^{1,4}, Andrea Grimaldi^{1,4}, Maïmouna Bocoum^{1,3}, Mikhail Balabas¹, Jörg Helge Müller¹, Emil Zeuthen¹ & Eugene Simon Polzik¹^{1⊠}

Ultimate limits for the sensing of fields and forces are set by the quantum noise of a sensor¹⁻³. Entanglement allows for suppression of such noise and for achieving sensitivity beyond standard quantum limits⁴⁻⁷. Applicability of quantum optical sensing is often restricted by fixed wavelengths of available photonic quantum sources. Another ubiquitous limitation is associated with challenges of achieving quantum-noise-limited sensitivity in the acoustic noise frequency range relevant for several applications. Here we demonstrate a tool for broadband quantum sensing by performing quantum state processing that can be applied to a wide range of the optical spectrum and by suppressing quantum noise over an octave in the acoustic frequency range. An atomic spin ensemble is strongly coupled to one of the frequency-tunable beams of an Einstein-Podolsky-Rosen (EPR) source of light. The other EPR beam of light, entangled with the first one, is tuned to a disparate wavelength. Engineering the spin ensemble to act as a negative-mass or positive-mass oscillator, we demonstrate frequency-dependent quantum noise reduction for measurements at the disparate wavelength. The tunability of the spin ensemble enables targeting quantum noise in a variety of systems with dynamics ranging from kHz to MHz. As an example of broadband quantum noise reduction in the acoustic frequency range, we analyse the applicability of our approach to gravitational-wave detectors (GWDs). Other possible applications include continuous-variable quantum repeaters and distributed quantum sensing.

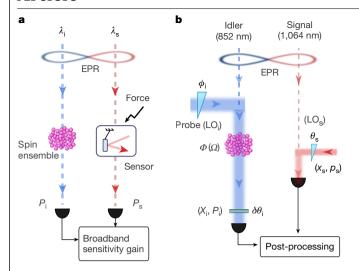
Measurements on mechanical objects, spanning masses from pg to kg, and collective atomic systems, from ultracold atoms to room-temperature ensembles, have reached regimes dominated by quantum dynamics¹⁻⁷. These systems are probed by light at optical or microwave wavelengths, in the regime where the quantum coherent interaction surpasses the thermal decoherence. The measurement imprecision owing to the quantum fluctuations of light and the measurement-driven disturbances known as the quantum backaction (QBA) collectively define the minimum total measurement noise called the standard quantum limit (SQL). This constraint sets the limit on sensitivity of quantum sensors of motion⁸⁻¹¹ and restricts applications ranging from biomedical sciences¹² to the exploration of physics beyond the standard model¹³.

Unlike a standard optomechanical oscillator¹⁴, an atomic spin oscillator can straightforwardly be engineered to exhibit an effective negative mass or, equivalently, frequency¹⁵. Theoretical proposals for measurements surpassing the SQL using an effective negative mass to counterbalance the QBA of a standard oscillator have been put forward^{16–18}. QBA evasion by coupling a spin oscillator to a macroscopic mechanical oscillator^{19,20} and multitone readout of two micromechanical oscillators²¹, enabling entanglement of the two systems, have been experimentally demonstrated. However, in those experiments, both systems had to interact with light at a specific wavelength. If a spin

oscillator is used for QBA evasion, this wavelength is defined by the atomic transition used to couple the spin to light. Another limitation of those initial demonstrations was the requirement for the frequencies of the oscillators to be in the MHz range, whereas the quantum noise reduction was achieved within a bandwidth much smaller than that frequency. Other methods of narrowband sub-SQL measurements include variational readout^{4,11,22,23}.

Here we report a hybrid quantum network for the broadband suppression of quantum noise beyond the SQL in the acoustic frequency range with a bandwidth of noise reduction that is comparable with the oscillation frequency. Our protocol relies on two key elements: a two-colour EPR light source and a negative-mass spin ensemble. The EPR source establishes a quantum-entanglement link between the sensor and the negative-mass spin oscillator. The broad tunability of the spin allows us to tailor the frequency dependence of the entanglement correlations and to obtain the desired broadband quantum noise reduction. The system can, in principle, achieve complete quantum noise cancellation 24,25, whereas the sensing wavelength can be chosen across a broad range of the optical spectrum. These features make the present approach useful in several applications in which flexibility of the probe light wavelength and the eigenfrequency of the sensor is required.

The main elements of the proposed quantum network are presented in Fig. 1a. We consider a sensor measuring a force *f* and probed by light



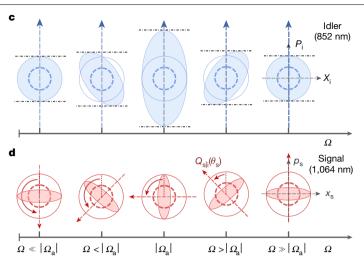
 $Fig.\,1|\,Parallel\,approach\,to\,broad band\,quantum\,noise\,suppression.$

a, General parallel scheme for the sensitivity enhancement of a quantum-noise-limited sensor. **b**, Layout of the experimental set-up. The spin ensemble is probed by light at 852 nm (idler), which is entangled with a 1,064 nm (signal) optical field. A suitably engineered atomic spin ensemble provides the required quadrature-rotation dynamics, described by $\Phi(\Omega)$. The two fields are analysed by the corresponding homodyne detectors, with θ_s defining the quadrature phase of the signal field and the phases ϕ_i and $\delta\theta_i$ defining the detection phase θ_i for the idler field. Conditioning the signal photocurrent on the idler that has interacted with the spin ensemble results in the noise-reduction spectrum required for a particular application. **c**, The noise in the phase space for the idler

at a wavelength λ_s , whereas an atomic oscillator with tunable dynamics interacts with light at a wavelength λ_i . The light phase quadrature after passing through the sensor is $P_s = p_s + K_s x_s + f$, in which (p_s, x_s) and (P_s, X_s) are input/output light canonical variables obeying the commutation relations $[x_s(\Omega), p_s(\Omega')] = [X_s(\Omega), P_s(\Omega')] = i\delta(\Omega + \Omega')$. As well as the imprecision noise $\propto p_s$, the interaction induces the QBA $\propto x_s$, which scales with the frequency-dependent coupling strength $\mathcal{K}_s(\Omega)$. Similarly, after interaction with the atomic spin ensemble, the light phase quadrature reads $P_i = p_1 + \mathcal{K}_2(\Omega)x_i$. We demonstrate that we can engineer the spin oscillator to provide a counter-response of the sensor $\mathcal{K}_{2}(\Omega) = -\mathcal{K}_{c}(\Omega)$ corresponding to a negative-mass oscillator. The ideal EPR state of light between signal and idler wavelengths λ_c and λ_c introduces correlations with the uncertainties $\Delta(p_i + p_s) \rightarrow 0$ and $\Delta(x_i - x_s) \rightarrow 0$. Thus, combining the negative-mass response with EPR light, it is possible to suppress both the quantum imprecision and the backaction noise, $\Delta(P_S + P_i) = \Delta(p_S + p_i) + \mathcal{K}_S \Delta(x_S - x_i) + f \rightarrow f$, leading to a broadband sensitivity gain.

Hybrid quantum network

The experimental implementation, depicted in Fig. 1b, involves generating an EPR state of two optical fields: an idler at 852 nm and a signal at 1,064 nm. The idler passes through the spin oscillator prepared in an effective-negative-mass configuration. After the spin–idler interaction, we measure the quantum states of light in both the idler and the signal arms. We demonstrate that, applying the results of the homodyne measurement in the idler arm to the photocurrent in the signal arm, we obtain frequency-dependent conditional squeezing in the latter. The optimal conditional squeezing is obtained at the readout phase angle $\Phi(\Omega)$ determined by the quantum dynamics of the spin oscillator, characterized by $\mathcal{K}_{\rm a}(\Omega)$. This conditioning is equivalent to the preparation of the squeezed state that compensates for the rotation of the signal output state induced by the target sensor's QBA $\mathcal{K}_{\rm s}(\Omega)$, thus maintaining noise reduction across all frequencies.

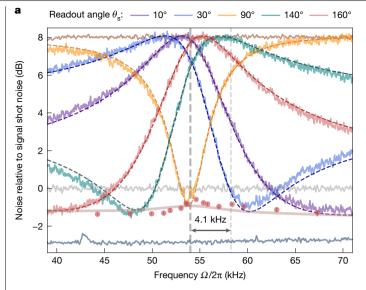


field as a function of the frequency Ω . Far away from Ω_a , the idler noise (blue-shaded area) corresponds to the EPR state. Closer to Ω_a , the idler experiences a single-axis-twisting transformation as a result of interaction with the atomic spin ensemble. \mathbf{d} , Conditioning the signal on the idler by the post-processing of the photocurrents, as shown in panel \mathbf{b} , results in conditional squeezing in the signal observable $Q_{s|i}(\theta_s)$, for which the squeezing phase $\theta_s = \Phi(\Omega)$ changes with Ω , as illustrated by the rotated red-shaded ellipses. This process counteracts the quantum noise induced by optical probing of the force sensor by reducing the amplitude noise at Ω_a and reducing the phase noise far away from Ω_a , thus enabling broadband quantum-enhanced sensing. Dashed circles indicate vacuum noise.

Although the approach we present is broadly applicable, we highlight its potential by examining quantum enhancement in GWDs²⁴. Present GWDs are now operating near the SQL^{3,4} and rely on frequency-dependent squeezing to broaden their observational range^{26,27} and to demonstrate squeezing of the quantum noise in the interferometer²⁸. This technique²⁹, which uses a 300-m filter cavity to rotate the squeezed vacuum state, with up to 10-km-long cavities planned in the future, is effective but challenging to scale, particularly for the anticipated detuned dual-recycling Fabry-Pérot Michelson interferometer design of the next GWD generation³⁰. In this configuration, the detector susceptibility will require an additional filter cavity¹¹. Different approaches are at present under investigation^{31–33}, but they are strongly limited by interdependencies on the interferometer design³⁴. The new method for generating frequency-dependent squeezing proposed here achieves a performance comparable with that of the filter-cavity approach using a more compact and flexible set-up.

Atom-light two-colour quantum channel

Our EPR source design, based on a nondegenerate optical parametric oscillator (NOPO) below threshold, enables the frequency-tunable entangled modes to couple to a specific target system (see Methods). Here we choose the signal at $\lambda_s = 1,064$ nm compatible with contemporary GWDs and the idler at $\lambda_i = 852$ nm tuned to the ¹³³Cs D₂ line. Owing to the parametric amplification, the signal and idler individually show a noise level higher than that of vacuum fluctuations (shot noise). EPR correlations allow measurement on one mode to be used to infer the measurement outcome of another mode with precision below the vacuum fluctuations, resulting in conditional squeezing³⁵. For a given optical field k, the quadratures x_k (amplitude) and p_k (phase) define a general detection quadrature $q_k(\theta_k) = x_k \sin \theta_k + p_k \cos \theta_k$, selected by the homodyne angle θ_k . We consider the case of measurements on the idler field used to estimate the outcome of measurements on the signal field. In this case, the signal field is conditionally squeezed if the inferred variance obeys $Var(q_s(\theta_s) + gq_i(\theta_i)) < 1/2$, where 1/2 is the



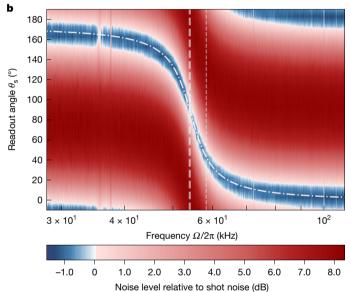


Fig. 2 | Experimental demonstration of frequency-dependent conditional squeezing. The spin ensemble is set to the positive-mass configuration with $\Omega_a/2\pi = 54$ kHz (marked by the thick dashed vertical lines) and the idler field is detected at phase quadrature $\theta_i = 0^\circ$. **a**, Conditional noise relative to the signal shot noise for different readout angles θ_s . The blue and grey traces represent frequency-independent conditional squeezing and signal-field shot noise, respectively, measured by setting the Larmor frequency to 1 MHz. For each measurement phase, the dark dashed curves represent the expected theoretical noise spectra. The red data points with error bars are extracted from 60 samples around the minimal noise for each phase. The red solid curve is the conditional squeezing predicted by the model. b, Contour spectrogram of the recorded conditional squeezing, illustrating its dependence on frequency $\Phi(\Omega)$, indicated by the white dashed-dotted curve. The bandwidth $\delta\Omega_{SQL}/2\pi \approx 4.1$ kHz over which the squeezing phase rotates from 90° to 45° is indicated in both panels by the dashed vertical lines (see comments in the text).

vacuum noise variance. The gain factor g is selected to minimize the variance. In the output of the NOPO, the correlations are maximized by choosing quadratures that satisfy the condition for the detection angles $\theta_i = -\theta_s$ (ref. 35), in which the phases are referenced to the pump beam phase (see Methods). For the signal and idler on resonance and the noise sideband frequency well within the NOPO cavity bandwidth, the conditional squeezing is frequency-independent. The bottom blue trace in Fig. 2a shows 3 dB of signal squeezing conditioned on the idler.

For comparison with other experiments, we point out that we also measured 6 dB of two-mode entanglement according to the Duan-Simon criterion as shown in Extended Data Fig. 2a.

Using optical pumping collinear with the magnetic field, we prepare the atomic ensemble in a highly polarized state, with the orientation of the collective atomic spin aligned along the bias field. The entangled idler beam is overlapped with an orthogonally polarized strong probe laser beam, whose polarization is adjusted to minimize the effect of higher-order light-atoms interactions³⁶. The strong beam also serves as the local oscillator (LO_i); see Fig. 1b and details in Extended Data Fig. 1. Both beams are detuned by 1.6 GHz from the transition $6^2S_{1/2}$, $F = 4 \leftrightarrow 6^2P_{3/2}$, F' = 5. The detuning provides sufficient quantum dispersive coupling to the atomic ensemble while substantially reducing the deleterious absorption.

After interacting with the atomic ensemble, the quantum state of the idler field is measured with a polarimetric homodyne detector. The detection set-up comprises a quarter-wave plate that introduces a phase offset $\delta\theta_i$ in the idler field (Fig. 1b). This phase shift contributes to the detection phase θ_i and enables the observation of the ponderomotive squeezing induced by the atomic spin ensemble³⁶. The signal beam propagates to the second homodyne detector, with the detected quadrature controlled by the LO_s phase θ_s . The photocurrent corresponding to each homodyne detector is recorded for post-processing. A detailed description of the experimental set-up is given in Methods.

Tunable frequency-dependent conditional squeezing

The atomic spin ensemble affects the phase quadrature of the idler beam in a frequency-dependent way

$$P_{i}(\Omega) = p_{i}(\Omega) + \mathcal{K}_{a}(\Omega)x_{i}(\Omega) + N_{a}(\Omega), \qquad (1)$$

while leaving the amplitude quadrature unchanged $X_i(\Omega) = x_i(\Omega)$ (ref. 19). $P_i(\Omega)$ contains contributions from both the input phase quadrature p_i and the QBA, which is proportional to x_i . In the context of spin, this transformation is called one-axis twisting ^{37,38}, whereas in the context of light variables, it is known as ponderomotive squeezing¹¹, which can be seen as an effective Kerr nonlinearity³⁹. To achieve a broadband quantum noise reduction, the one-axis twisting should be made frequency-dependent. Such frequency dependence is delivered by the atoms as shown in Fig. 1c. Its frequency dependence is expressed by

$$\mathcal{K}_{a}(\Omega) = \frac{\Gamma_{a}\Omega_{a}}{\Omega_{a}^{2} + (\gamma_{a}/2)^{2} - \Omega^{2} - i\gamma_{a}\Omega},$$
(2)

in which the readout rate Γ_a quantifies the interaction strength between the spin oscillator and light³⁶, γ_a is the spin decay rate and Ω_a is the Larmor frequency; $N_a(\Omega)$ represents the atomic noise associated with the finite decay $\gamma_a > 0$, contaminating the output state of light (equation (1)). The sign of Ω_a is determined by that of the effective oscillator mass and can be switched from positive to negative by adjusting the bias-field direction relative to the collective spin orientation, whereas varying the bias-field strength tunes $|\Omega_a|$ (refs. 15,19).

Efficient broadband quantum noise reduction in our scheme requires strong light-spin coupling, which is characterized by high quantum cooperativity $C_q = \Gamma_a/(\gamma_a(1+2n_{th}))$ (ref. 20), in which n_{th} is the thermal occupation. We characterize the cooperativity by observing ponderomotive squeezing generated by the spin oscillator ranging from 1 MHz down to 3 kHz (ref. 36) (see Methods and Extended Data Fig. 2b).

The effect of the spin oscillator on the quantum state of the idler light (equation (1)) is, in our experiments, effectively a frequencydependent rotation of the input quadratures determined only by $\mathcal{K}_a(\Omega)$ (equation (2)).

We illustrate this for our experimental regime of slow spin decay $\gamma_a^2 \ll \Omega_a^2$, Γ_a^2 , in which it is permissible to let $\gamma_a \to 0$ in equation (2);

this yields a real \mathcal{K}_a factor, equivalent to a purely in-phase atomic response (see Methods for details). Focusing on the quantum noise contribution of light in equation (1), we rewrite it as $P_i(\Omega) = z(\Omega)(p_i(\Omega) \cos \Phi(\Omega) - x_i(\Omega) \sin \Phi(\Omega))$, thereby separating the atomic processing of light into a quadrature rotation

$$\Phi(\Omega) = -\arctan(\mathcal{K}_a(\Omega)), \tag{3}$$

and an overall amplification factor $z(\Omega)=\sqrt{1+\mathcal{K}_a^2(\Omega)}$. We obtain the signal-arm measurement photocurrent conditioned on the measurements of the idler quadrature P_i as

$$Q_{\rm sli}(\theta_{\rm s},\Omega) = q_{\rm s}(\theta_{\rm s},\Omega) + g(\Omega)P_{\rm i}(\Omega). \tag{4}$$

Using a suitably optimized gain $g(\Omega)$, we achieve conditional squeezing of the idler beam with frequency-dependent squeezing angle $\Phi(\Omega)$ as shown in Fig. 2b, corresponding to the rotation induced on the idler by the spin ensemble (Fig. 1c). That is, for each frequency component Ω there exists an optimal signal detection phase $\theta_s = \Phi(\Omega)$ required to witness the optimal noise reduction.

 $\Phi(\Omega)$ ranges from 0° to 180° as the Fourier frequency is scanned from $\Omega \gg |\Omega_a| + \Gamma_a$ to $\Omega \ll |\Omega_a| - \Gamma_a$, crossing $\theta_s = 90^{\circ}$ at the Larmor frequency $\Omega = |\Omega_a|$. Thus, the squeezing ellipse undergoes complete rotation over the frequency range with the bandwidth $2\Gamma_a$. Hence, the dependence of the rotation on the frequency can be changed by adjusting the Larmor frequency Ω_a and the spin readout rate Γ_a . The atomic noise $N_a(\Omega)$ in equation (1) does not influence the squeezing angle $\Phi(\Omega)$ but degrades the degree of conditional squeezing (see Methods).

In Fig. 2, we show the noise reduction obtained with the spin oscillator in the effective positive-mass configuration; the observed behaviour is consistent with the squeezing-angle dependence $\Phi(\Omega)$ required for quantum noise reduction in a negative-mass sensor.

Reversing the sign of the effective mass changes the sign of Ω_a in \mathcal{K}_a (equation (2)) and, consequently, the direction of the frequency-dependent rotation $\Phi(\Omega)$ of the squeezing (equation (3)). Specifically, the effective negative mass of the spin oscillator provides the opportunity to counterbalance the QBA from radiation pressure in quantum optomechanics. In the limit $|\Omega_a|$, $\gamma_a \ll \Omega$, the phase $\Phi(\Omega) = -\arctan(\Gamma_a\Omega_a/\Omega^2)$ mimics the optomechanical interaction with a free-mass object¹¹. The conditional squeezed state thus becomes compatible with GWDs in a simple Michelson configuration and potentially allows for broadband quantum noise reduction in such an interferometer.

Quantum noise suppression in the acoustic band

The optimal gain $g(\Omega)$ is applied for each θ_s to maximize the noise suppression based on the entire idler measurement record (see Methods). The noise reduction below the shot noise of the signal beam in a broad frequency range confirms that the atomic ensemble imposes the phase shift on the conditional squeezing angle ranging from $\theta_s = 0^\circ$ to $\theta_s \approx 180^\circ$. As shown in Fig. 2, the theoretical noise spectra calculated on the basis of independent calibrations as described in Methods coincide well with the experimental data. The quantum noise suppression does not reach the level set by the initial entangled state of light owing to the broadband spin noise (see Methods) at higher Fourier frequencies and because of the atomic thermal noise near Ω_a .

Following the approach used in Fig. 2a, 18 conditional squeezing measurements are combined to construct a contour spectrogram, in which the conditional noise is presented as a function of both signal homodyne phase θ_s and Fourier frequency Ω . The result in Fig. 2b shows the map of the frequency-dependent rotation $\Phi(\Omega)$. The observed trajectory matches well with the theoretical model (white dashed-dotted curve) based on the calibrated experimental values of Γ_a , γ_a and Ω_a (see Methods). The model predicts that, in the limit of $|\Omega_a| \gg \Gamma_a$, γ_a , the bandwidth $\delta\Omega_{\rm Sol} > 0$ over which the squeezing phase rotates from

the amplitude quadrature ($\Phi(\Omega_a)$ = 90°) to halfway between amplitude and phase quadratures ($\Phi(\Omega_a + \delta\Omega_{SQL})$ = 90° \mp sign(Ω_a)45°) is $\delta\Omega_{SQL}/2\pi \approx \Gamma_a/4\pi$ = 4.1 kHz. As shown in Fig. 2a, this value aligns well with the experimentally observed frequency difference between the Larmor frequency and the Fourier frequency, at which the squeezing ellipse is rotated by 45°.

After validating the model, we test the system tunability by lowering the oscillator frequency into the audio band, $|\Omega_a|/2\pi \approx 10$ kHz. We optimized the system, increasing the stability of the EPR source and its coupling to the atomic spin oscillator. The results are shown in Fig. 3. For the positive-mass spin configuration (Fig. 3a,b), we confirm the broadband conditional squeezing capabilities of our system by measuring the bandwidth of the phase shift $\delta\Omega_{\rm SOI}/2\pi \approx 4.1\,\rm kHz$ comparable with the central frequency $|\Omega_2|$ and in agreement with the theoretical model (see Methods). We then optically pump the spin oscillator into the negative-mass configuration (Fig. 3c,d). Here we demonstrate the ability to invert the direction of the phase shift of conditional squeezing while keeping all of the other reference parameters unchanged. The results shown in Fig. 3d correspond to the desirable configuration for quantum noise reduction in optomechanical sensors including GWDs, as the produced rotation of the squeezing phase $\Phi_{-}(\Omega)$ counteracts the QBA effect for a positive-mass quantum system, such as the mirrors of an interferometer.

The phase offset $\delta\theta_i$ in the entangled idler field owing to the quarterwave plate, shown in the upper panel of Fig. 3e, affects the functional dependence of $\Phi(\Omega)$. The implications of rotating the quadrature basis after probing the spin ensemble are shown in the right column of Fig. 3. We highlight the decrease of the effective spin oscillator frequency by about 2.7 kHz and the change of the bandwidth $\delta\Omega_{
m SOL}$ of the squeezing rotation down to about 2.5 kHz, comparing the spectrogram in Fig. 3f for $\delta\theta_i \approx 45^\circ$ to Fig. 3d, in which $\delta\theta_i = 0^\circ$ was set. The observed phenomenon is attributed to the virtual rigidity effect⁴⁰, which effectively modifies the oscillator response to the quantum noise of the probe light as if its resonance frequency and the readout rate were changed³⁶, leading to $\Phi(\Omega) \to \Phi_{VR}(\Omega)$. This effect, rooted in the atomic ponderomotive squeezing and variational measurement, also alters the degree of conditional quantum noise reduction (blue data points) for different parts of the spectrum, as shown in Fig. 3e (for details, see Supplementary Information Section I). Overall, the control of the phase shift $\delta\theta_i$ in the entangled idler field provides extra flexibility for tuning the features of frequency-dependent squeezing and for the corresponding optimization of the quantum noise reduction²⁵.

The approximation $\mathcal{K}_a \approx \varGamma_a/\varOmega_a$ for the atomic coupling factor applies at $\varOmega \ll |\varOmega_a|$. Hence, as the Larmor frequency approaches the readout rate, the full phase rotation range for the conditional squeezing cannot be achieved for the upper (lower) range with the positive-mass (negative-mass) spin oscillator. This limitation on the phase rotation $[0^\circ, 140^\circ]$ ($[40^\circ, 180^\circ]$) is seen in Fig. 3b,d, despite the increased technical noise near DC frequencies. The readout rate and the decay can be adjusted by carefully engineering the light–spin interaction 36 .

Outlook

We have demonstrated that a tunable entangled light source coupled to a spin oscillator with an adjustable oscillation frequency allows, in principle, for the reduction of both the shot noise and the QBA noise of a measurement. This reduction can be achieved at widely tunable optical wavelengths and within a broad noise frequency range. These features make our hybrid quantum system a promising candidate for sensitivity improvement in the next generation of GWDs.

Although our results exhibit less conditional squeezing compared with the original frequency-independent squeezing level, our model suggests that reducing the broadband spin noise by a factor of six and the spin thermal occupation by a factor of three would be sufficient

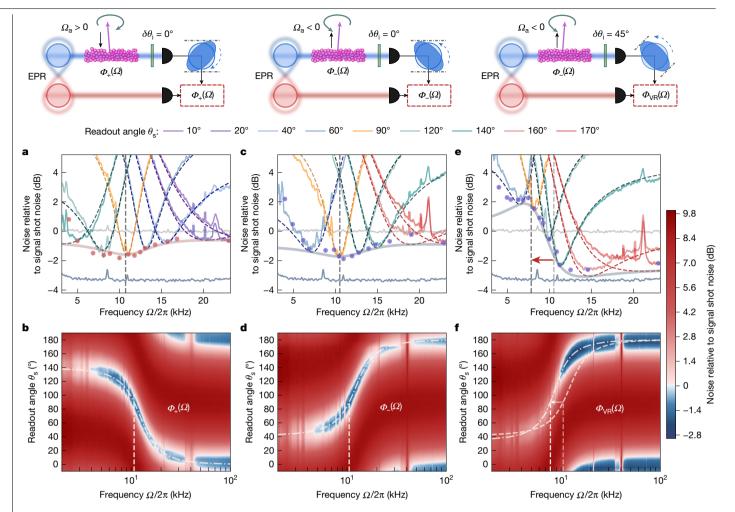


Fig. 3 | Frequency-dependent conditional squeezing at acoustic frequencies. The inferred quantum noise for the signal field in three spin-ensemble configurations in units of the signal-field shot noise. a,c,e, Inferred noise as a function of Fourier frequency, recorded at different readout angles θ_s for specific ensemble configurations. In each plot, the data points represent the measured minimal conditional noise for each readout angle and the associated thick solid curve shows the prediction from our model. The blue traces at -3 dB in a,c,e show frequency-independent conditional squeezing, measured by detuning the Larmor frequency $|\Omega_a|/2\pi$ up to 1 MHz. By combining the data from the joint measurements over the continuous phase range (0° to 180°), we construct the bottom contour spectrograms. a,b, Positive mass: the frequency dependence of squeezing angle $\Phi_{+}(\Omega)$ with $\Omega_{a}/2\pi = 10.7$ kHz and the phase offset $\delta\theta_i = 0^\circ$ adjusted by quarter-wave plate in the idler optical mode. **c**,**d**, Negative mass: with $\Omega_a/2\pi = -10.5$ kHz and $\delta\theta_i = 0^\circ$, the frequency dependence $\Phi_-(\Omega)$ is

opposite to the case of the positive mass. e,f, Negative mass with virtual frequency shift: for the same ensemble parameters as in \mathbf{c} , \mathbf{d} , the phase offset is set to $\delta\theta_i \approx 45^\circ$. The dark grey dashed vertical line, representing the frequency corresponding to the minimum quantum noise for the signal phase of $\theta_s = 90^{\circ}$ in e, indicates an effective frequency downshift of about 2.7 kHz (as shown by the red arrow) relative to the Larmor frequency, marked by the light grey dashed line. In f, this frequency downshift also sharpens the frequency-dependent phase rotation (as indicated by the dashed-dotted curve $\phi_{\text{VR}}(\Omega)$ relative to the dashed curve $\Phi_{-}(\Omega)$). Meanwhile, we observe enhanced squeezing levels above the Larmor frequency $|\Omega_a|$ compared with **c**,**d**. The total detection phase $\theta_i = 0^\circ$ was chosen for all three configurations. (The common legend for a,c,e indicates coarse values for the detection phase θ_s , relative to which the actual values used in the theoretical curves are offset by -2.1°, -1.5° and +5°, respectively, for the three datasets). See Extended Data Figs. 4 and 5 for the analysis of the error bars.

to achieve the frequency-dependent squeezing level across the full bandwidth limited only by the degree of EPR correlations of light as illustrated by Extended Data Fig. 3. The reduction in thermal occupation is a combination of optical pumping improvement and mitigation of the classical noise of the laser³⁶ (see details in Supplementary Information Section IIB). The degree of observed EPR correlations can be further increased by reducing the overall optical losses and by mitigation of the optical phase fluctuations, allowing higher parametric gain in the NOPO41.

With the atomic spin oscillator maintaining quantum-noise-limited performance down to the gravitational-wave backaction-dominant regime, our system is analogous to the filter cavity implementations²⁶. We infer that the squeezing phase rotation provided by the 8-cm-long cell in the present work is equivalent to the rotation imposed by a 5-m-long Fabry-Pérot filter cavity with finesse approximately 6,000

(ref. 42), as follows from the results shown in Fig. 3d (see Supplementary Information Section III). The length of the equivalent optical cavity is effectively extended to 10 m when the virtual rigidity downshift in Fig. 3f is applied.

The steps required for application of our method in the bandwidth of the existing GWDs mainly involve reduction of the acoustic noise. It can be achieved, for example, by placing the experimental set-up in vacuum, similar to the filter cavities of LIGO and Virgo. Under such conditions, the lower spectral bound of the QBA-dominated performance of our system can be extended to 1-2 kHz. Using the 1-2-kHz shift of the response function to lower frequencies by virtual rigidity demonstrated in the present paper, the effective quantum noise reduction down to the low-frequency end of LIGO and Virgo can be achieved²⁵. Another condition for improved low-frequency performance of our system-the long coherence time of the spin oscillator—has already been achieved at

our lab using an atomic cell with a cross-section of $5 \times 5 \text{ mm}^2$ for which 6 Hz intrinsic decoherence rate has been observed³⁶.

The spin system is flexible in both its resonance frequency and bandwidth and is scalable owing to its relative compactness and simplicity. The protocol can be extended using several ensembles and, in this way, more intricate spectral profiles $\Phi(\Omega)$ for quantum noise reduction within a required spectral range can be engineered. In the context of the quantum noise reduction in GWDs, a cascade of spin ensembles resembles the implementation of a cascade of filter cavities ^{11,43}.

The EPR source design can be adapted to link our spin oscillator with systems ranging from optomechanics to atomic physics. The required signal wavelength ranging from 700 to 2,000 nm can be achieved by using a suitable signal laser and a corresponding nonlinear medium for parametric downconversion. By making use of this opportunity, we foresee potential for other applications in the field of quantum-enhanced metrology, such as detection of quantum motion of nanoparticles and cantilevers 44,45, in which broadband, frequency-dependent engineering of the quantum noise of light is required.

To the best of our knowledge, the demonstrated system is the first combination of multicolour continuous-variable entangled light modes with a quantum memory 46,47 , which is the backbone of proposals for a continuous-variable quantum repeater 48 . The versatility of our hybrid network enables quantum protocols coupling efficient atom–light interfaces 49 to systems ranging from the nanoscale to the macroscale 50,51 .

Online content

Any methods, additional references, Nature Portfolio reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at https://doi.org/10.1038/s41586-025-09224-3.

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Methods

A detailed layout of the experimental set-up is shown in Extended Data Fig. 1. Below, we discuss the main components of the system and their characterization.

EPR source

As shown in Extended Data Fig. 1, two lasers at 852 nm (SolsTiS, M Squared) and 1,064 nm (Mephisto, Innolight) drive the sum frequency generation producing the pump beam at 473 nm for a NOPO, which generates the EPR state of light. The NOPO cavity design and the operation principle are reported in ref. 41. The cavity has a bow-tie configuration with a periodically poled potassium titanyl phosphate nonlinear crystal. The resonance of the NOPO for the 852-nm and 1,064-nm down-converted modes is maintained by locking the cavity to the 1,064-nm laser and locking the 852-nm laser to the cavity, using beams counterpropagating to the EPR modes. To achieve quantum-noise-limited performance in the audio frequency band, we suppress the classical noise of the probe laser using an active noise eater and implement the robust control of the EPR state phases, as described in depth in V. Novikov et al., manuscript in preparation.

The EPR output modes of the NOPO cavity are separated by a dichroic mirror. The signal beam at 1,064 nm is mixed with the corresponding LO_s on a 50:50 beam splitter and the canonical operators (x_s, p_s) are measured using a balanced homodyne detector (Extended Data Fig. 1). The 852-nm idler beam is combined with an orthogonally polarized probe beam LO_i on a polarizing beam splitter and polarization homodyning is performed.

We observe 9 dB of two-mode squeezing, corresponding to 6 dB of conditional squeezing of the signal field when the two EPR beams are analysed directly (the idler bypasses the atoms) (A. Grimaldi et al., manuscript in preparation). The electronic noise floor is more than $17 \, \mathrm{dB}$ below the shot noise level.

Before entering the atomic ensemble, the combined idler beam and LO_i are shaped into a square top-hat profile, enabling the optimal readout of atomic spins (see the 'Atomic spin oscillator' section below). To characterize the overall propagation losses, including those from the cell windows, beam shaper and other optical elements, a measurement with the Larmor frequency tuned to 1 MHz, beyond the detection frequency band, has been performed.

We observe roughly 3.3 dB conditional squeezing from 3 to 60 kHz relative to the signal vacuum noise, as shown in Extended Data Fig. 2a. Noise peaks at 26 and 36 kHz are experimental artefacts caused by the intensity noise eater. The theory of the conditional squeezing, detailed in Supplementary Information Section I, allows us to extract a squeezing factor r = 1.42 and an unbalanced detection efficiency of $\eta_s \approx 0.92$ for the signal arm and $\eta_i = \eta_{i,out}\eta_{i,in} \approx 0.8$ for the idler arm by fitting the measured power spectrum densities. See Extended Data Table 1 for parameter values.

Atomic spin oscillator

The atomic spin oscillator is implemented in a 133 Cs gas of $N_{\rm Cs} \approx 10^{10}$ atoms in a $2 \times 2 \times 80$ -mm³ glass channel inside a vacuum-tight glass cell. The cell windows are anti-reflection coated and the inner walls are coated with an anti-relaxation paraffin material to minimize the decoherence from spin–wall collisions. The atomic vapour density in the cell is defined by the temperature of the caesium droplet in the stem of the cell, which was set to about 40 °C in the experiment. A multilayer magnetic shield around the cell provides isolation from the Earth's magnetic field and other high-frequency magnetic noise, whereas a set of coils running low-noise DC currents generates a highly homogeneous bias magnetic field within the cell. By adjusting the DC current, we can control the Larmor frequency $|\Omega_a|$ from 1 MHz down to 3 kHz, maintaining quantum-dominated performance throughout this frequency spectrum³⁶.

As depicted in Extended Data Fig. 1, the vapour cell is illuminated by two optical fields. A circularly polarized optical repumping field, propagating transversely, prepares the spin ensemble in the hyperfine $|F=4, m_F=4\rangle$ or $|F=4, m_F=-4\rangle$ ground state manifold with 82% efficiency, enabling it to function as a macroscopic spin oscillator with an adjustable sign of the effective mass.

The probe beam is blue-detuned by 1.6 GHz from the D_2 line $F = 4 \rightarrow F' = 5$ transition to eliminate the absorption. The polarization of the probe entering the atomic ensemble is chosen to optimize the light–spin interaction, as discussed in the main text^{20,36}. The light–atoms interaction strength is characterized by the readout rate $\Gamma_a \propto g_{cs}^2 S_1 J_\chi \propto d$, in which g_{cs} is the single photon–atom coupling rate that depends on the probe detuning and S_1 is a Stokes parameter proportional to the power of the probe light. The optical depth of the spin ensemble $d \propto J_\chi \propto N_{cs}$, in which J_x is the macroscopic component of the collective spin and N_{cs} is the number of atoms³⁶.

The spin oscillator experiences depolarization, primarily because of the spontaneous emission that occurs in the presence of the probe field. This leads to the spin thermal noise imprinted onto the output probe beam. In the regime of strong light-atom coupling $\Gamma_a \gg \gamma_a$, the QBA induced by the probe dominates over the atomic thermal noise. Atoms that maintain interaction with the probe by several passages across the probe beam during the coherent evolution time contribute to the narrow-band atomic response limited by the spin decoherence rate γ_a . The remaining atoms contribute to faster-decaying atomic modes, leading to further, broadband atomic noise with the bandwidth of $\gamma_{bb} \gg \gamma_a$ (refs. 20,52,53). To minimize the broadband noise, the input field, comprising two orthogonally polarized fields (idler and LO_i), is shaped into a collimated square top-hat beam with a seventh-order super-Gaussian waist of 1.7 mm by the top-hat shaper, as shown in Extended Data Fig. 1. It propagates through the cell with the filling factor of approximately 80% without introducing extra losses. The effect of the remaining broadband noise is illustrated in Extended Data Fig. 2.

To characterize the spin oscillator, we block the idler EPR beam and drive the atoms with a coherent state of light. The Larmor frequency is set to $\Omega_2/2\pi \approx 10.5$ kHz and the quadrature of the output probe light is adjusted by a quarter-wave plate and a half-wave plate. In Extended Data Fig. 2b, the recorded quantum noise, dominated by the spin QBA noise is shown as the red area. Choosing an optimal polarization of detected light, we observe 5 dB of ponderomotive squeezing, as shown in the left inset. By fitting the shown spin noise spectra, we can extract both the narrowband and the broadband spin readout and decay rates, along with the losses after the spin ensemble and the effective thermal occupancies (see Extended Data Table 1). The total extracted occupancy $number\,of\,approximately\,3.5\,is\,the\,result\,of\,two\,factors: the\,imperfect$ spin polarization (measured using the magneto-optical resonances) contributes about 1 and the technical noise sources contribute about 2.5 (for details, see Supplementary Information Section IIB). The effective thermal occupancies for the narrowband and broadband spin responses are the same. The reconstructed atomic thermal noise (the light-blue area) and broadband noise (the purple area) are also presented in Extended Data Fig. 2b. The impact of these distinct spectral features on the conditional frequency-dependent squeezing level is discussed below. The red area, representing the QBA noise, highlights the key quantum contribution that enables the frequency-dependent rotation of the squeezing phase. The same calibration procedure was applied to experimental data at 54 kHz Larmor frequency, demonstrated in Extended Data Fig. 2. The reduced classical noise at this frequency band allowed for better fitting.

After characterizing the spin oscillator, we unblock the idler output of the NOPO and record the dynamics of the spin oscillator driven by the idler component of the EPR field. The virtual rigidity phase $\delta\theta_i$ is extracted by fitting the noise spectrum shown in the right inset of Extended Data Fig. 2b (green trace). By combining the overall losses obtained from the EPR source calibration with the optical and detection

losses after atoms evaluated from ponderomotive squeezing, we estimate the propagation efficiency between the NOPO and atoms to be $\eta_{i,\text{in}} \approx 89\%$. The optical losses from the atoms to the detection in the idler arm have been measured and result in the efficiency $\eta_{i,\text{out}} \approx 90\%$. Propagation efficiency from the NOPO and the detection efficiency in the signal arm result in $\eta_s \approx 92\%$. On the basis of those numbers, the predicted degree of two-mode squeezing fits the observed degree of squeezing as shown in Extended Data Fig. 2.

Using the parameters extracted from these independent calibrations and the model presented in the next sections, equation (10), we calculate the predicted frequency-dependent conditional squeezing as a function of the signal homodyne angle θ_s shown in Figs. 2 and 3. The figures show good agreement between the predicted spectra of quantum noise and the experimental data.

Phase control of the signal and idler fields

A feature of the EPR source critical for the present work is phase control of the two-colour EPR state. Here we describe its underlying principles and a complete report is in preparation. The phases of the signal and idler beams of the NOPO are related to the pump phase by $\theta_{\rm p}=\phi_{\rm i}+\phi_{\rm s}$ (refs. 35,54). To precisely track the phase of the signal and the idler, we inject a coherent beam $\alpha_{\rm c}$ co-propagating with the pump and frequency-shifted by $\delta\omega_{\rm c}$ from the 1,064-nm laser by two acousto-optic modulators.

In this experiment, we choose $\delta\omega_c/2\pi=3$ MHz, well inside the NOPO cavity bandwidth but also far from the resonance of the atomic spin oscillator. An electronic reference phase for the control beam ϕ_c is provided by driving the acousto-optic modulators by two outputs of an ultralow-phase-noise direct digital synthesizer.

The control beam experiences the parametric interaction and is amplified while maintaining its phase, resulting in the output field α_c^s . The interaction of control and pump provides the simultaneous generation of another coherent field, α_c^i , centred at frequency $\omega_i - \delta \omega_c$. In this case, the field phase is the combination of the pump and signal control beam phases, $\phi_c^i = \theta_p - \phi_c$. The classical beams generated by this process propagate together with their respective entangled fields to the homodyne detections. We demodulate the photocurrents using the electronic reference. This provides an error signal proportional to the phase difference between the entangled fields and the local oscillators, measured by the two homodyne detectors. The photocurrent from the homodyne detectors $I_s(t)$ contains the information from the signal-arm quadrature $q_s(\theta_s)$ and the beat note of the local oscillator with the control field shifted from the relevant signal band by $\delta \omega_c$.

$$I_{\rm s}(t) \propto q_{\rm s}(\theta_{\rm s}) + \alpha_{\rm c}^{\rm s} \cos(\delta \omega_{\rm c} t - \phi_{\rm c}),$$
 (5)

with the second term allowing us to select and set the homodyne LO phase θ_s . In turn, the outcome of the measurement of the idler field by means of the homodyne detection can be presented as

$$I_{\rm i}(t) \propto Q_{\rm i}(\theta_{\rm i}) + \alpha_{\rm c}^{\rm i} \cos(\delta \omega_{\rm c} t - \phi_{\rm c}^{\rm i} - \phi_{\rm i}),$$
 (6)

in which the first term is the idler quantum field contribution and the second term is the beat note between the second control field that has passed through the NOPO channel and the respective local oscillator. The demodulated signal at $\delta\omega_c/2\pi$ provides a tool to control the homodyne phase $\theta_i=\phi_i+\delta\theta_i$, whereas the phase offset $\delta\theta_i$ can be tuned separately using the quarter-wave plate (see the set-up in Extended Data Fig. 1 and Fig. 1). An exact definition of $Q_i(\theta_i)$ is given in the next section.

The frequency offset of $\delta\omega_c/2\pi\simeq 3$ MHz guarantees that locking of those phases is not affected by the atomic spin oscillator. The procedure described above provides a set of well-defined phases that we use as references for the scan of θ_s involved in the demonstration of frequency-dependent conditional squeezing.

Idler field and light-atoms interaction

The 1.6-GHz detuning of the 852-nm NOPO idler field from atomic resonance is achieved by changing the frequency of the 1,064-nm laser, which alters the NOPO cavity length and its resonance condition. The 852-nm laser lock follows the change, enabling fine-tuning of the idler field with precision close to the NOPO cavity bandwidth.

To enable interaction between the idler field and the atomic spin ensemble, we overlap the idler output of the NOPO with an orthogonally polarized probe beam. This is realized by combining the linearly polarized idler and probe beams on a polarizing beam splitter, which transforms the quadrature fluctuations of the idler field into Stokes operator fluctuations 55,56 . For a linearly polarized, strong coherent probe beam with a relative phase ϕ_i between the idler and the probe, the quadratures map onto the Stokes operators as $q_i(\phi_i) = \sqrt{2}\,\mathcal{S}_2^{in}/|\alpha_{pr}|$ and $q_i(\phi_i + \pi/2) = \sqrt{2}\,\mathcal{S}_3^{in}/|\alpha_{pr}|$, in which α_{pr} is the amplitude of the probe field, $\{\mathcal{S}_0,\mathcal{S}_1,\mathcal{S}_2,\mathcal{S}_3\}$ are quantum Stokes operators obeying $[\mathcal{S}_2,\mathcal{S}_3]=i\mathcal{S}_1$ (and cyclical permutations thereof) and $q_i(\phi_i)=\cos(\phi_i)p_i+\sin(\phi_i)x_i$ is the quadrature of the optical field entering the atomic ensemble.

The idler field encoded into the polarization state is processed by the atomic ensemble. The output Stokes parameters are then given by $\mathcal{S}_2^{\text{out}} = \mathcal{S}_2^{\text{in}} + \mathcal{K}_a \mathcal{S}_3^{\text{in}} + \mathcal{N}_a$ and $\mathcal{S}_3^{\text{out}} = \mathcal{S}_3^{\text{in}}$, in which $\mathcal{N}_a = N_a |\alpha_{\text{pr}}|/\sqrt{2}$; \mathcal{K}_a and N_a are defined in the main text.

The light emerging from the spin ensemble is measured by the polarization homodyne detection. The diagonal linear and circular polarization operators \mathcal{S}_2 and \mathcal{S}_3 are measured by passing light through a half-wave plate and an extra quarter-wave plate, respectively, followed by the polarizing beam splitter, as shown in Extended Data Fig. 1. The resulting measured Stokes quadrature operator is $\mathcal{R}_i(\delta\theta_i) = \mathcal{S}_2^{\text{out}}\cos(\delta\theta_i) + \mathcal{S}_3^{\text{out}}\sin(\delta\theta_i) = Q_i(\delta\theta_i)|\alpha_{\text{pr}}|/\sqrt{2}$, in which the phase $\delta\theta_i$ is set by the orientation of the quarter-wave plate.

The phase ϕ_i is set by a coherent control loop that monitors the phase offset between the probe beam and the control field at the idler homodyne detector. The control field follows the same propagation path as the idler beam but is unaffected by the atomic oscillator owing to a frequency offset, $\delta\omega_c$. The phase offset ϕ_i measured by the coherent control loop combines the encoding phase and $\delta\theta_i$.

Throughout those measurements, we set $\theta_i = 0$, so that the quadrature of the idler detected outside the bandwidth of the spin dynamics bandwidth $(\Omega \gg |\Omega_a|)$ is p_i . In the setting not engaging virtual rigidity, that is, in the absence of a quarter-wave plate $(\delta\theta_i = 0)$, the coherent control loop sets the encoding phase $\phi_i = 0$, corresponding to $\mathcal{S}_2^{in} = p_i |\alpha_{pr}|/\sqrt{2}$ and $\mathcal{S}_3^{in} = x_i |\alpha_{pr}|/\sqrt{2}$. With such settings, the final idler photocurrent within the relevant range of frequencies Ω is proportional to $P_i = p_i + \mathcal{K}_a(\Omega)x_i + N_a(\Omega)$. For general $\delta\theta_i$, we have $Q_i(\delta\theta_i) = X_i\sin(\delta\theta_i) + P_i\cos(\delta\theta_i)$.

Optimal quantum noise reduction by Wiener filtering in the idler channel

The squeezing we demonstrate for the signal arm is conditioned on the idler-arm measurement

$$Q_{s|i}(\Omega, \theta_s) = q_s(\Omega, \theta_s) + g(\Omega, \theta_s, \delta\theta_i)Q_i(\Omega, \delta\theta_i).$$
 (7)

To achieve the maximal frequency-dependent squeezing of the signal field based on the idler measurement record, a Wiener filter $g(\Omega,\theta_s,\delta\theta_i)$ is designed for each detection phase θ_s , which provides an optimal estimate of the correlated quantum noise in the idler channel. By subtracting the filtered idler quantum noise from the signal noise, the optimal reduction of the signal quantum noise limited by the remaining uncorrelated noise is achieved $^{\text{II},3\text{I},57}$.

Our protocol is compatible with both causal and non-causal filtering $g(\Omega,\theta_s,\delta\theta_i)$ of the idler measurement record. Causal filtering, which uses only past idler measurements to reduce the signal-arm noise at a given time, is required for using the sensor for, for example, real-time

signal tracking or adaptive sensing. On the other hand, the non-causal filtering uses the full idler measurement record and is relevant for sensing scenarios in which the signal is extracted by post-processing of the full measurement record.

In this work, we focus on non-causal conditioning, thereby emphasizing the maximally achievable squeezing. In this case, the optimal gain is given by the idler spectral density S_{Q_i} and the cross-spectral density S_{q_s,Q_i} of the two entangled channels as

$$g(\Omega, \theta_{s}, \delta\theta_{i}) = -\frac{S_{q_{s}, Q_{i}}(\Omega, \theta_{s}, \delta\theta_{i})}{S_{Q_{i}}(\Omega, \delta\theta_{i})},$$
(8)

which leads to the power spectral density of the optimized signal

$$S_{Q_{s|i}}(\Omega, \theta_s) = S_{q_s}(\Omega, \theta_s) - \frac{|S_{q_s, Q_i}(\Omega, \theta_s, \delta\theta_i)|^2}{S_{Q_i}(\Omega, \delta\theta_i)}.$$
 (9)

The optimal filter (equation (8)) automatically takes into account the signal homodyne detection phase θ_s , deleterious noise introduced in the idler path and phase shifts as a result of the atomic dissipation through decoherence, as represented by the complexity of the response function $\mathcal{K}_a(\Omega)$ (see equation (2)). Furthermore, the Wiener filter can potentially compensate for imperfect matching between the idler and the quantum sensor response introduced in the signal arm in a particular sensing application. The analysis of the experimental data using this approach is detailed in Supplementary Information Section II.

Theory of frequency-dependent conditional squeezing

Figures 2 and 3 present comparisons of the measured squeezing with the theoretical model, which we describe here. The model consists of equations of motion of the spin oscillator and input–output relations describing its interaction with light. It accounts for contributions of thermal and broadband noise to the response of the spin system, as well as for the effects of imperfect readout efficiency ($\eta_{i,\text{out}} < 1$), imperfect coupling of the idler beam to the oscillator ($\eta_{i,\text{in}} < 1$) and the readout efficiency in the signal arm, $\eta_s < 1$. From this model, we obtain an expression for the power spectral density of the conditioned signal photocurrent Q_{sji} , which, in turn, is minimized using Wiener filter theory as outlined in the preceding subsection. Detailed calculations are provided in Supplementary Information Section IC.

Here we present a general formula for an arbitrary phase offset $\delta\theta_i$ imposed by the quarter-wave plate and giving rise to virtual rigidity. The case of no virtual rigidity can be obtained by setting $\delta\theta_i$ = 0. The spectrum of the optimally conditioned signal, normalized to the signal shot noise $S_{\rm SN}$ level, in the signal-arm detection quadrature θ_s is given by

$$\frac{S_{Q_{s|i}}}{S_{SN}} = 1 - \eta_s + \frac{\eta_s}{\cosh(2r)} \times \left[\cosh^2(2r) - \frac{\sinh^2(2r)|\cos(\theta_s) - \sin(\theta_s)\mathcal{K}_a^{eff}|^2}{1 + |\mathcal{K}_a^{eff}|^2 + 2\frac{\mathcal{K}_a^{eff} + \mathcal{K}_o^{eff} + \mathcal{K}_o^{eff} + \mathcal{K}_o^{eff}}{\eta_{i,in} \cosh(2r)}} \right], \tag{10}$$

in which dependencies on Ω are omitted for brevity. The numerator of the second term in the brackets represents the correlation between the signal and idler, shaped by the backaction of the atomic spin oscillator. The denominator captures the spectrum of the idler signal, incorporating, as well as the backaction, the following four terms, responsible for the various deleterious effects mentioned above:

$$\Lambda_{\text{in}}^{\text{eff}}(\Omega) = \frac{1 - \eta_{i,\text{in}}}{2} (1 + \left| \mathcal{K}_{a}^{\text{eff}}(\Omega) \right|^{2}) \tag{11}$$

$$\Lambda_{\text{out}}^{\text{eff}}(\Omega) = \frac{1 - \eta_{\text{i,out}}}{2\eta_{\text{i,out}}} \frac{1}{|g_{\text{VP}}(\Omega)|^2}$$
(12)

$$S_{\rm th}^{\rm eff}(\Omega) = \left| \mathcal{K}_{\rm th}(\Omega) \frac{\cos(\delta \theta_{\rm i})}{g_{\rm VR}(\Omega)} \right|^2 (1/2 + n_{\rm th}) \tag{13}$$

$$S_{bb}^{eff}(\Omega) = \left| \mathcal{K}_{bb}(\Omega) \frac{\cos(\delta \theta_i)}{g_{VR}(\Omega)} \right|^2 (1/2 + n_{bb}). \tag{14}$$

In order of appearance, they represent the effects of suboptimal coupling of the idler field to the spin ensemble, $\eta_{i,\text{in}}$, imperfect readout efficiency of the idler detector, $\eta_{i,\text{out}}$, thermal occupation of the collective spin state, n_{th} , governed by $\mathcal{K}_{\text{th}}(\Omega) = \sqrt{2\gamma_a\Gamma_a}\Omega_a/(\Omega_a^2-\Omega^2-i\gamma_a\Omega+\gamma_a^2/4)$ and the broadband noise occupation number, n_{bb} , governed by $\mathcal{K}_{\text{bb}}(\Omega) = \sqrt{2\gamma_{\text{bb}}\Gamma_{\text{bb}}}\Omega_a/(\Omega_a^2-\Omega^2-i\gamma_{\text{bb}}\Omega+\gamma_{\text{bb}}^2/4)$. The effect of the virtual rigidity is captured by the gain

$$g_{VR}(\Omega) = 1 - \mathcal{K}_a(\Omega, \Omega_a, \Gamma_a) \frac{\sin(2\delta\theta_i)}{2}.$$
 (15)

The effective backaction $\mathcal{K}_a^{\text{eff}}(\varOmega) \equiv \mathcal{K}_a(\varOmega, \varOmega_a^{\text{eff}}, \varGamma_a^{\text{eff}})$ is defined as the backaction coefficient used in equation (2) but evaluated with the effective readout rate and the effective Larmor frequency

$$\Gamma_{\rm a}^{\rm eff} = \Gamma_{\rm a} \frac{\cos^2(\delta\theta_{\rm i})}{\sqrt{1 - \frac{\Gamma_{\rm a}}{2\Omega_{\rm a}}} \sin(2\delta\theta_{\rm i})}$$
(16)

$$\Omega_{\rm a}^{\rm eff} = \Omega_{\rm a} \sqrt{1 - \frac{\Gamma_{\rm a}}{2\Omega_{\rm a}} \sin(2\delta\theta_{\rm i})}; \tag{17}$$

these expressions are valid insofar as the quantity appearing under the square roots is positive, as is the case for our system parameters.

By minimizing equation (10) as a function of θ_s for each Fourier component Ω separately, we find the optimal angle $\theta_s = \Phi_{VR}(\Omega)$ to be the solution to the set of equations

$$\tan(2\boldsymbol{\Phi}_{VR}(\Omega)) = \frac{-2\text{Re}[(\mathcal{K}_a^{\text{eff}}(\Omega))^{-1}]}{|(\mathcal{K}_a^{\text{eff}}(\Omega))^{-1}|^2 - 1}$$
(18a)

$$sign[cos(2\Phi_{VR}(\Omega))] = sign(1 - |\mathcal{K}_a^{eff}(\Omega)|^2).$$
 (18b)

In the limit $\gamma_a^2 \ll (\Omega_a^{\text{eff}})^2$, $(\Gamma_a^{\text{eff}})^2$, we have $\left|(\mathcal{K}_a^{\text{eff}}(\Omega))^{-1}\right|^2 \approx \text{Re}^2[(\mathcal{K}_a^{\text{eff}}(\Omega))^{-1}] \approx [(\mathcal{K}_a^{\text{eff}}(\Omega))^{-1}]_{p_a \to 0}^2$, in which equations 18a and 18b reduce to

$$\Phi_{VR}(\Omega) \approx -\arctan(\mathcal{K}_a^{eff}(\Omega))|_{\nu \to 0},$$
 (19)

as presented in the main text. This expression, valid for general $\delta\theta_i$, is used to generate the dashed curves presented as $\Phi_j(\Omega)$ in Figs. 2b and 3b,d,f for the various special cases labelled $j \in \{\pm, VR\}$. Evaluating equation (10) at $\theta_s = \Phi_{VR}(\Omega)$ yields the achieved degree of (frequency-dependent) squeezing; this amounts to replacing the factor

$$\begin{split} &|\cos(\theta_s) - \sin(\theta_s)\mathcal{K}_a^{\text{eff}}|^2 \rightarrow \\ &\frac{1 + |\mathcal{K}_a^{\text{eff}}|^2}{2} \left[1 + \sqrt{1 - \frac{4\text{Im}^2[\mathcal{K}_a^{\text{eff}}]}{(1 + |\mathcal{K}_a^{\text{eff}}|^2)^2}} \right] \approx 1 + |\mathcal{K}_a^{\text{eff}}|^2, \end{split} \tag{20}$$

in which the approximation is valid in the limit $\gamma_a^2 \ll (\Omega_a^{\text{eff}})^2$, $(\Gamma_a^{\text{eff}})^2$. In the aforementioned limit, we may use equations (2) and (19) to derive an expression for the bandwidth $\delta\Omega_{\text{SOL}} > 0$ over which the

rotation angle $\Phi(\Omega)$ (\in [0, π] for specificity) changes by 45° relative to its value at the effective spin oscillator resonance $\Phi(\Omega_a^{eff}) = \pi/2$, that is, it obeys $|\Phi(\Omega_a^{eff})| + \delta\Omega_{SQL} - \Phi(\Omega_a^{eff})| = \pi/4$. The result is $\delta\Omega_{SQL} = |\Omega_a^{eff}|$ ($\sqrt{1 + \Gamma_a^{eff}/|\Omega_a^{eff}|} - 1$) $\approx \Gamma_a^{eff}/2$, in which the approximation holds under the extra assumption $\Gamma_a^{eff} \ll |\Omega_a^{eff}|$.

As well as comparing our model with the squeezing achieved in the present experiment, we also used the model to predict the degree of broadband noise reduction obtained by reducing the two main imperfections of our system: broadband spin noise and thermal spin noise. The results are reported in Extended Data Fig. 3 and further details can be found in Supplementary Information Section IIB.

Data availability

The data and code supporting the findings of this study are deposited in the University of Copenhagen depository at https://erda.ku.dk/archives/d33b4254d5a426c28056ee54da7a776c/published-archive.html.

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Author contributions J.J. and M. Bocoum developed the atomic spin oscillator set-up. T.B.B. designed the two-colour EPR source and built it together with V.N. and A.G. V.N., J.J., T.B.B., A.G. and M. Bocoum performed the data acquisition. E.Z., V.N., J.J. and A.G. developed the analytical model. J.J. and V.N. performed the data analysis. M. Balabas fabricated the caesium cell. J.H.M. contributed valuable discussions. T.B.B. led the experimental work. E.S.P. conceived and led the project. All authors contributed to writing the paper.

Competing interests The authors declare no competing interests.

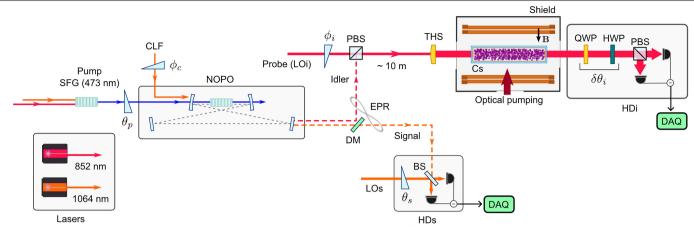
Additional information

 $\textbf{Supplementary information} \ The online version contains supplementary material available at https://doi.org/10.1038/s41586-025-09224-3.$

Correspondence and requests for materials should be addressed to Eugene Simon Polzik.

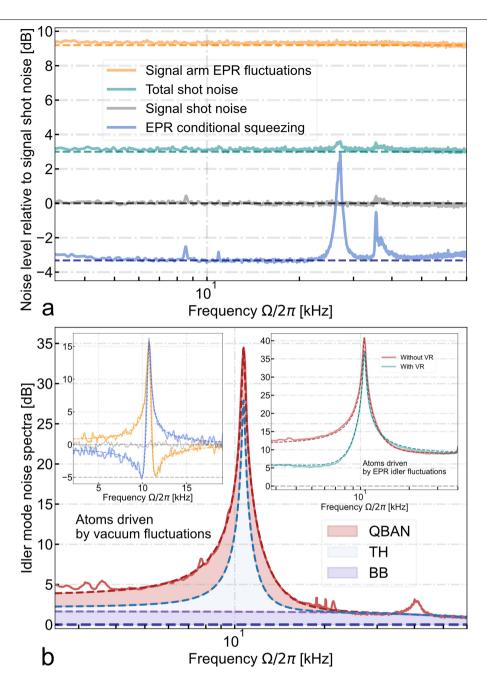
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Extended Data Fig. 1| **Experimental set-up main components.** The experimental set-up includes two lasers: a 1,064-nm continuous-wave laser and a tunable continuous-wave Ti:sapphire laser at 852 nm. The two-colour EPR state set-up involves two nonlinear optical interactions: sum-frequency generation (SFG) and a NOPO. The 1,064-nm and 852-nm lasers produce the SFG light in a nonlinear crystal, which serves as the pump for the NOPO with pump phase θ_p . The NOPO generates the EPR state at 1,064 nm (signal) and 852 nm (idler), represented by dashed lines. The signal and idler beams are separated by a dichroic mirror. The signal is directed to balanced homodyne detection (HDs) with local oscillator phase θ_s , whereas the idler is mixed with the probe beam at a polarizing beam splitter (PBS) with relative phase ϕ_i and propagates in free space (approximately 10 m) to the atomic oscillator set-up. The probe—idler spatial profile is modified to a square top-hat beam by a top-hat shaper (THS) before being sent to the caesium (Cs) vapour cell. The cell is placed inside a magnetic shield with a set of coils controlling the bias magnetic field. The

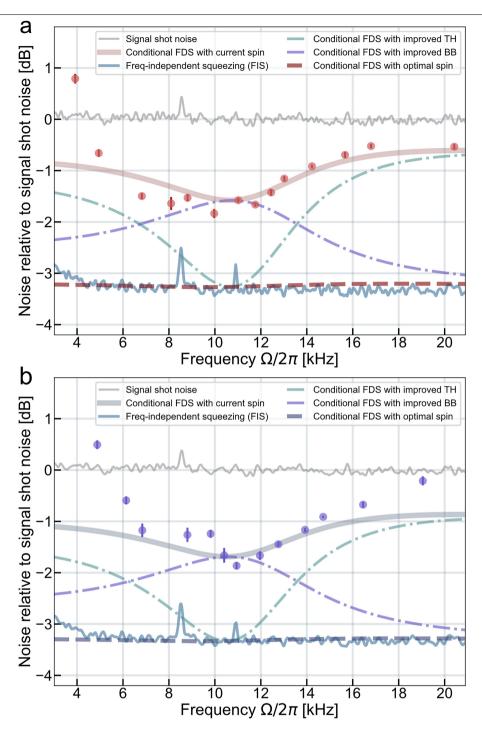
optical pump system prepares the spin ensemble in a highly polarized state. After interaction, the idler quantum state is sent to polarization homodyne detection (HDi), for which a quarter-wave plate (QWP) and a half-wave plate (HWP) determine the phase shift $\delta\theta_i$. A part of the 1,064-nm laser is frequency-shifted by 3 MHz to produce the coherent-lock field (CLF) beam injected to the NOPO with phase ϕ_c , which provides the phase reference for the detection system and feedback control of the detected quadratures. The fields for the local oscillators LO_s and LO_i are produced by the 1,064-nm and 852-nm lasers, respectively. Each LO is filtered by a mode-cleaner cavity (not shown). Both photocurrents from the homodyne detectors are sent to a data acquisition (DAQ) system for recording and post-processing. The quadrature correlations at specific sideband frequencies for different set phases $(\phi_i + \delta\theta_i, \theta_s)$ are used to demonstrate the frequency-dependent conditional squeezing. The phases ϕ_i and θ_s are actively stabilized to fix the quadrature detection in relation to the pump phase θ_p .



$\textbf{Extended Data Fig. 2} \\ \textbf{| Calibration of the hybrid quantum system.} \\$

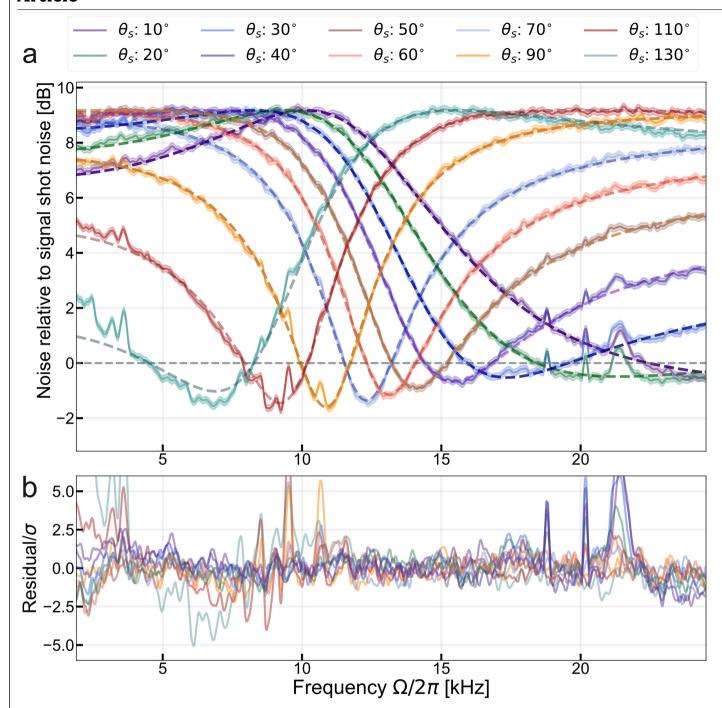
 ${\bf a}$, Quantum noise of light fields in the absence of the atomic spin oscillator. Teal trace, total shot noise of the signal and idler. Grey trace, shot noise of the signal. Blue trace shows 3.2 dB of conditional, frequency-independent EPR squeezing. It corresponds to ${\simeq}6$ dB of entanglement of the EPR state when normalized to the total shot noise of the signal and idler fields (teal trace). Orange trace, signal-arm EPR fluctuations. ${\bf b}$, Idler-arm noise spectra in the presence of the atomic spin oscillator. Main panel, atoms driven by vacuum fluctuations; the

reconstructed quantum-backaction noise (QBAN, red area), the decoherence-associated spin thermal (TH, light-blue area) and broadband noise (BB, purple area) are shown. Left inset, ponderomotive squeezing of light by atoms observed for two different idler detection angles $\delta\theta_i$. Right inset, atoms driven by EPR fluctuations, with (teal) and without (red) the virtual rigidity (VR) effect. Dashed curves are theoretical fits (see Methods for details). All traces are normalized to the idler shot noise.



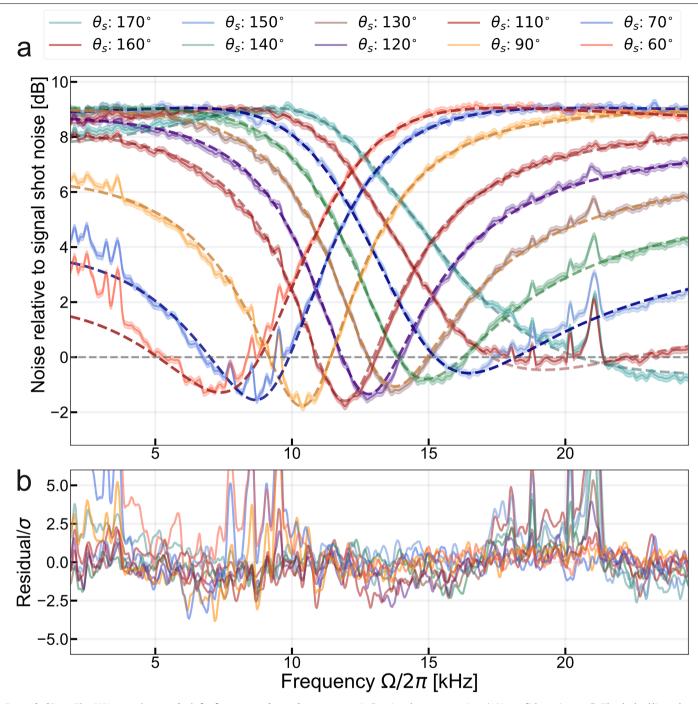
Extended Data Fig. 3 | Demonstration of overall quantum noise reduction with potential improvements to the spin oscillator. a,b, Red (positive mass; a) and blue (negative mass; b) points show the measured minimal conditional squeezing at each signal phase, along with the overall modelled quantum noise reduction based on the calibrated parameters of the present spin system. The discrepancy between theoretical predictions and experimental data at frequencies below $5\,\mathrm{kHz}$ is attributed to residual laser amplitude noise.

Estimated conditional squeezing level are also presented for two scenarios: when the atomic thermal (TH) occupation is reduced by a factor of 3 (purple curve) and when the atomic broadband (BB) readout rate is reduced by a factor of 6 (teal curve) relative to present conditions. With both noise sources reduced, the optimal spin system generates the conditional frequency-dependent squeezing (FDS) (red/blue dashed lines), limited only by the frequency-independent level of squeezing of light (light-blue trace).



Extended Data Fig. 4 | Uncertainty analysis for frequency-dependent conditional squeezing by means of an effective positive-mass oscillator $\Omega_a/2\pi=10.7$ kHz at different signal homodyne detection phases (10 out of 18). a, The solid lines represent the inferred quantum noise on the signal detector conditioned on the idler measurement, with the shaded regions indicating the 1σ uncertainty (68% confidence interval). The dashed lines show

the quantum noise model fitted to the measured data using a χ^2 method. **b**, The residuals between the measured data and the fitted model, normalized to 1σ uncertainty, are plotted. Noise spikes near 20 kHz (attributed to the etalon dither lock of the 852-nm laser) and classical noise (from both laser intensity noise and magnetic noise sources) at low acoustic frequency (below 10 kHz) are clearly visible in the residual plots.



Extended Data Fig. 5 | Uncertainty analysis for frequency-dependent conditional squeezing by means of an effective negative-mass oscillator $\Omega_a/2\pi=-10.5$ kHz at different signal homodyne detection phases (10 out of 18). a, The solid lines represent the inferred quantum noise on the signal detector conditioned on the idler measurement, with the shaded regions

indicating the 1σ uncertainty (68% confidence interval). The dashed lines show the quantum noise model fitted to the measured data using a χ^2 method. **b**, The residuals between the measured data and model fit, normalized to 1σ uncertainty.

Extended Data Table 1 | Summary of notations and experimental parameters for the hybrid quantum system

Parameter	Symbol	Value
Hybrid system & detection		
Two-mode squeezing factor	r	1.43 1.43 1.31
Propagation efficiency before atoms	$\eta_{i,in}$	0.89
Overall efficiency after atoms	$\eta_{i,out}$	0.90
Signal-arm net efficiency (propagation & detection)	η_s	0.92
Idler-arm net efficiency (propagation & detection)	$\eta_i (= \eta_{i,out} \eta_{i,in})$	0.8
QWP phase	$\delta heta_i$	0°, 49°
Signal LO power		1 mW
Idler LO power		1 mW
Atomic spin oscillator		
Effective spin oscillator mass		p n p
Larmor frequency	$\Omega_a/2\pi$	10.7 10.5 54 kHz
Spin readout rate	$\Gamma_a/2\pi$	9.2 9.4 8.2 kHz
Spin decoherence rate	$\gamma_a/2\pi$	240 240 200 Hz
Effective spin thermal occupation	n_{th}	3.5 3.4 5.0
Broadband noise in SN unit at Ω_a		1.8 1.9 1.3 dB
Spin Broadband readout rate	$\Gamma_{bb}/2\pi$	140 130 28 kHz
Spin Broadband decoherence rate	$\gamma_{bb}/2\pi$	190 190 400 kHz
Effective spin broadband occupation	n_{bb}	3.5 3.4 5.0
Probe field detuning	$\Delta_a/2\pi$	1.6 GHz
Probe input polarization	α	45°
Spin polarization		82%

p|n stands for the positive-mass/negative-mass configuration. The values are estimated by χ^2 fits of the calibration data.